

# *Kick Off the New Year* with Feng Shui

# 2024

By, Dee Oujiri

As the holiday season draws to a close, it's time to part ways with the house full of decorations and wonderful chaos. Beyond the physical tidying up, it is the perfect time to refresh your mindset and set the stage for the new year.

In Feng Shui, citrus plays a pivotal role in brightening a room and ushering in good fortune. Oranges have been cherished for centuries for their transformative properties.

So, if you're looking to make 2024 a year of transformation, here's a simple yet powerful Feng Shui trick to shake things up:

- 1 Begin by placing nine oranges in a bowl and position it on your dining room table or in your primary eating space. Set an intention or prayer that the oranges bring peace and joy into your home. This symbolism is a powerful way to invite prosperity into your home.
- 2 Take the remaining oranges and peel them. Use the peels tearing them into small, round pieces of orange peel, creating a total of eighty-one "coins."
- 3 Stand at your front door, with the door itself at your back. Take a small handful of the orange peel "coins" and toss them upward, visualizing misfortune, illness, and bad luck exiting your home through the door behind you. Trusting that all is well.
- 4 Take another small handful of "coins" and scatter them in front of you, your hand fanning the "coins" in front of you. Visualize your home filling with the abundant growth of good fortune, health, and all the things you wish to fill your life with.
- 5 With the remaining "coins," hold them in your palm, palm facing downward, and lightly sprinkle the peel, symbolically sowing seeds of auspicious light throughout your home. Visualize sunlight streaming in through the windows, illuminating every nook and cranny, filling your home with auspicious Chi, which is the positive, life-giving energy that brings harmony and vitality to your space.
- 6 Finish with a silent intention and heartfelt prayer, ushering in the New Year.
- 7 Leave the orange peels in place for one night, three nights, or nine nights, with nine being the most auspicious.



When you sprinkle the orange peels, you're not only refreshing your living space but also infusing your thoughts with the energy of abundance and good fortune, setting the stage for a joyful and prosperous New Year! This little ritual can be used for the New Year, a new month, or any time you need to shake things up in your life!

*Happy New Year!*



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*Dee Oujiri is a multifaceted professional who combines expertise in Feng Shui, Reiki, and luxury real estate. With a focus on holistic wellness, Dee empowers individuals to create harmonious living spaces that support physical, emotional, and mental well-being. Join Dee on a transformative journey to a fulfilling life by harmonizing your home and nurturing your soul. Follow @dee.oujiri on Instagram or @fengshuibydee on Facebook for more on Feng Shui and home harmony.*